

Empowering you to live a healthy LIFE.



Telemed for LIFE

We understand life can come at you quickly! That's why we offer the Telemed for LIFE program.

With the Telemed for LIFE program, you and your family have 24/7/365 access to licensed physicians for non-emergency ailments, whether at home, at work or on the go!

Plus, the Telemed for LIFE Program is easy to use and is included in Basic, Preferred, Prime, Prime Plus, Sterling, Sterling Plus, My LIFE Wellness and my LIFE Senior Plus memberships at no fee to you!

Telemed for LIFE Powered by DialCare Urgent Care:

- DialCare Urgent Care is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. Members and their families have direct access to state-licensed, fully credentialed physicians via phone or video consultations to receive treatment and advice for common ailments, including colds, the flu, rashes and more. When medically appropriate, a DialCare physician may prescribe a short-term, non-DEA controlled medication for the member to pick up at the pharmacy of their choice.
- Physicians are available 24 hours a day, 365 days a year, allowing members and their families convenient access to quality care from home, work or on the go.

When to use Urgent Care:

- For non-emergency medical issues and questions
- During or after normal business hours, nights, weekends and holidays
- When a primary care doctor is not available
- When traveling in the U.S. and in need of non-urgent medical care or advice

What Conditions Can Be Treated?

- Allergies
- Fever
- Respiratory infections
- Asthma
- Gout
- Bronchitis
- Skin inflammations
- Cold and flu
- Sore throat
- Digestive issues
- Joint aches and pains
- Rashes
- And more!

State availability may vary. Please visit dialcare.com/states for up-to-date information. Consultations are available in English and Spanish. Urgent Care is a part of the DialCare Physician Access Program.

Access the Member Portal at login.mylifebenefits.org. Call (800) 557-5024 for login assistance.

ADDING DEPENDENTS TO TELEMED FOR LIFE:

Log into the Member Portal and click on "ADD DEPENDENTS" under Telemed for LIFE, enter their first and last name, along with their date of birth.

Dependents aged 18 and older will receive an email prompting them to create their own login.



24X7 Access To Physicians

Modern, easy-to-use telemedicine solution for non-emergency illnesses and general care.

[→ ADD DEPENDENTS](#)

[SIGN IN TO TELEMED FOR LIFE](#)

Add New Dependent

Personal Information

Gender: Male Female

Relationship:

First Name:

Last Name:

Date Of Birth:

Disclosure: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance. State restrictions list is available at dialcare.com/states.